

Doctor Discussion Guide

EXPECT MORE FROM YOUR MODERATE TO SEVERE PLAQUE PSORIASIS TREATMENT

Answer the 4 questions below and bring this guide to your next doctor appointment

1 Where do you experience plaques? Select all that apply.

- Scalp Chest/stomach Back Arms Hands Genitals Legs Feet Other

2 What symptoms have you experienced or are you currently experiencing? Select all that apply.

-  Itching  Burning  Skin tightness  Pain  Stinging

3 What treatments have you used to manage your plaque psoriasis symptoms? Select all that apply.

- Self-care (baths, soaps) Over-the-counter topicals such as creams Light therapy Prescription topicals such as creams Prescription oral medicine Prescription injections

4 How satisfied are you with your current treatment?

-  Not currently treating  Very unsatisfied  Unsatisfied  Indifferent  Satisfied  Completely satisfied

ASK YOUR DOCTOR ABOUT

 **ICOTYDE™**
(icotrokinra) tablets



A new kind of treatment
in a once-daily pill

For adults and children 12 years and older who weigh at least 88 pounds with moderate to severe plaque psoriasis

Pill not actual size.

ICOTYDE™ 200 mg is a prescription medicine used to treat moderate to severe plaque psoriasis in adults and children 12 years of age and older who weigh at least 88 pounds (40 kg), who may benefit from taking injections or medicines by mouth (systemic therapy) or treatment using ultraviolet or UV light (phototherapy).

SELECTED IMPORTANT SAFETY INFORMATION

ICOTYDE™ is not for everyone; only your healthcare provider can decide if it's right for you. It is a prescription medicine that may cause serious side effects, including infections. It may increase the risk of infections and lower your ability to fight them. Tell your healthcare provider if you have an infection, tuberculosis (TB), or if you need a vaccine. Please read the Important Safety Information on [page 2](#) and [Medication Guide](#) to learn more about these and other risks for ICOTYDE. Discuss any questions you have with your healthcare provider.

INDICATION

WHAT IS ICOTYDE™ (icetokirra)?

ICOTYDE™ 200 mg is a prescription medicine used to treat moderate to severe plaque psoriasis in adults and children 12 years of age and older who weigh at least 88 pounds (40 kg), who may benefit from taking injections or medicines by mouth (systemic therapy) or treatment using ultraviolet or UV light (phototherapy).

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ICOTYDE?

- **Infections.** Medicines that interact with the immune system, such as ICOTYDE, may lower your ability to fight infections and may increase your risk of infections. Your healthcare provider may check you for infections and tuberculosis (TB) before starting treatment and may treat you for TB before you begin treatment with ICOTYDE if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with ICOTYDE.

Tell your healthcare provider right away if you have any infection or have symptoms of an infection, including:

- fever, sweat, or chills
- cough
- shortness of breath
- blood in your mucus (phlegm)
- muscle aches
- warm, red, or painful skin or sores on your body different from your psoriasis
- weight loss
- diarrhea or stomach pain
- burning when you urinate or urinating more often than normal

Before taking ICOTYDE, tell your healthcare provider about all of your medical conditions, including if you:

- have an infection that does not go away or that keeps coming back.
- have tuberculosis (TB) or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). Avoid receiving live vaccines during treatment with ICOTYDE.
- have kidney problems.
- are pregnant or plan to become pregnant. It is not known if ICOTYDE can harm your unborn baby.

Pregnancy Safety Study. There is a pregnancy safety study for women who take ICOTYDE during pregnancy. The purpose of this study is to collect information about the health of you and your baby. If you are pregnant or become pregnant during treatment with ICOTYDE, you can report your pregnancy by calling 1-800-526-7736 or visiting www.ICOTYDE.com.

- are breastfeeding or plan to breastfeed. It is not known if ICOTYDE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with ICOTYDE.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of ICOTYDE?

ICOTYDE may cause serious side effects. See “What is the most important information I should know about ICOTYDE?”

The most common side effects of ICOTYDE include:

- headache
- nausea
- cough
- fungal infection
- tiredness

These are not all the possible side effects of ICOTYDE. Call your doctor for medical advice about side effects. **You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.**

How should I take ICOTYDE?

- Take ICOTYDE exactly as your healthcare provider tells you to take it.
- Take ICOTYDE 1 time a day when you wake up on an empty stomach with water. Wait at least 30 minutes after taking ICOTYDE before eating food.
- If you have difficulty swallowing tablets, ICOTYDE can be dispersed in water. For more information, please read the [Medication Guide](#).
- If you miss a dose of ICOTYDE, take the dose as soon as you remember and go back to your regular schedule the next day.

Please read the full [Prescribing Information](#), including [Medication Guide](#), for ICOTYDE and discuss any questions that you have with your doctor.

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